HYGIENE AND BEHAVIOUR RULES
AGAINST THE SPREAD OF THE CORONAVIRUS

SHOW RESPECT
Show respect – for your health and the health of everyone else.

KEEP YOUR DISTANCE
Keep at least 1.5 metres away from other people.

AIR ROOMS REGULARLY
Air rooms several times a day with windows wide open.

WASH YOUR HANDS
Wash your hands thoroughly and regularly with soap under running water. Then dry them with a clean towel.

COUGHING AND SNEEZING ETIQUETTE
Cough and sneeze into a tissue, or hold your elbow in front of your mouth and nose. When doing so, keep your distance from other people and turn away from them.

MOUTH AND NOSE PROTECTION
You are recommended to wear a mask protecting your mouth and nose.

Up-to-date information on dealing with the coronavirus can be found at www.uni-heidelberg.de